

For Immediate Release

Contact Information:
Michaeline Fernandez
CYS Design
Phone: 973-277-1306
Email: michaeline@cysdesign.com
Website Presskit Address

Michaeline Fernandez, ASID, IDS, An Interior Designer Who Brightens Lives

Interior designer Michaeline Fernandez, owner of CYS (Create Your Space) Design knows that her interior design ideas help create happier families. In this age of unlimited distractions, some of which can be dangerous for our children, it is more important than ever for families to spend time together.

What makes Michaeline Fernandez's approach to interior design different is that she always keeps the families' well-being in mind. Her use of open space layouts, soothing colors and positive, well placed furnishings makes an environment where families can relax, talk, share, and dine together making memories.

Research shows that families that spend time together are more likely to be less stressed and better informed about each other's activities. This time together allows parents to more easily observe and learn about their child's strengths and weaknesses and that allows them to better guide their children.

We've all been in homes that have too many distractions and are NOT conducive to personal interaction. Michaeline's mindful open space approach allows a family to be together while each family member pursues separate interests. Yet the space allows for everyone to easily come together for sharing and discussion. Her designs also make food preparation a focal point of interest during together time. *"I eliminate barriers while at the same time I create soothing room designs with unique room layout schemes, color and furnishings that respects the individual"* says Michaeline.

And experts agree; *"Children from birth to adulthood need time and attention from their parents. Spending time fully engaged and interacting personally with children is critically important"* says Gail Fernandez, MD (no relation) Board Certified Psychiatrist and Associate Professor of Psychiatry and Human Behavior at the UC Irvine School of Medicine.

Michaeline Fernandez believes that as a wife and mother of 4 children along with 4 pets and her extensive, award winning interior design expertise gives her a unique perspective to be sensitive, in a different way, to creating environments where parents can more easily raise happy and healthy children.

Michaeline is available for interviews and appearances to discuss her healthy family approach and to talk more about positive family room designs.